

The Group For Men

Facilitated by Philip D. Dupont, Ph.D.
Poehailos, Dupont & Associates
887-B Rio East Court, Charlottesville 22901

The Group For Men is being started as an ongoing therapeutic group seeking members who would benefit from clinical intervention, support, and connection to other men. The primary goal will involve developing a more integrated sense of self and exploring the processes that are associated with the male self. This can include communication and expressing feelings in intimate relationships, fatherhood issues, recovering from relationship loss, health concerns, work and career changes, and inner conflicts that may manifest as anger, anxiety, and/or depression.

Group members will explore their own individual concerns as well as those of being a man in our culture. Interventions will emphasize working on deepening emotional experience, interpersonal conflict, understanding how family of origin effects current functioning, and general behavior change. Sharing in the group will expand the group members' awareness of how to better cope with internal struggles and challenges from the environment. Men in other types of treatment and self-help groups are invited to use the group as an adjunct to growth and healing.

Referrals to the group can be made directly to Dr. Dupont at 220-4686, extension 102. An initial interview prior to joining the group is usually required.

The group will start on Wednesday, October 7, from 5:45 pm until 7:15 pm.

Cost of the group is \$120.00 – \$200.00 per month depending on whether insurance is used and the number of Wednesdays the group meets in a month. Payment for the month is expected at the beginning of the first group meeting of the month, although individual payment procedures will be established with Dr. Dupont.

Philip D. Dupont, Ph.D. is a Clinical Psychologist who has worked with children, families, parents, and individuals in private practice for the past nine years. He has studied with the Center for Family Process in Bethesda, MD, for the past 11 years, with a special interest in leadership in families. As societal processes and expectations have change in even the past 10 years, the role of men and fathers in families has become more ambiguous and confusing for many. The Group For Men is initiated to help men make sense of their history, personal strengths and challenges, and to realize their potential as people.